



What personal data we collect and why we collect it

Get in Touch Form

When visitors complete the 'get in touch form' on the site we collect the data shown in the form for the purposes of responding to requests.

Cookies

If you complete the 'get in touch' form on the site you may opt-in to saving your name, email address and website in cookies. These are for your convenience so that you do not have to fill in your details again when you leave another comment.

Embedded content from other websites

Blogs on this site may include embedded content (e.g. videos, images, articles, etc.). Embedded content from other websites behaves in the exact same way as if the visitor has visited the other website.

These websites may collect data about you, use cookies, embed additional third-party tracking, and monitor your interaction with that embedded content, including tracking your interaction with the embedded content if you have an account and are logged in to that website.

Who we share your data with

Your data is not shared with anyone outside of Day to Day and IONOS who run the website.

How long we retain your data

If you complete the 'get in touch' form, the details you input in the form are retained until we have spoken and either have a contract in place or until 6 months after last contact, at which point all data will be deleted.

What rights you have over your data

You can request to receive an exported file of the personal data held about you, including any data you have provided. You can also request that any personal data held about you is deleted.